

# EGD

## Upper Endoscopy Instructions

### READ ALL INSTRUCTIONS BEFORE STARTING

#### FOODS:

Have nothing to eat after midnight.

You can drink water but you must stop at least 3 hours prior to your arrival time.

Do not chew gum or tobacco.

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#### MEDICATIONS:

- If you are taking a blood thinning medication, follow your doctor's instructions on holding or continuing this medication.
  - Take all other morning medication with a small sip of water at least 3 hours prior to your arrival time.
  - If currently using diabetic or weight loss injections (other than insulin) such as Mounjaro & Zepbound (trizepatide), Wegovy, Ozempic, or Rybelsus (semaglutide), Trucility (dulaglutide), Saxenda or Victoza (liraglutide), Bydureon (extended-release exenatide), or Byetta (exenatide), **only clear liquids 24hrs prior to the appointment.**
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#### TRANSPORTATION:

- Bring someone with you that can safely drive you home. No taxi's, ride shares or public transportation, unless you are accompanied by a family member or friend.
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#### CANCEL OR RESCHEDULE:

- Please let us know at least 3 business days prior to your appointment if you need to cancel or reschedule to avoid a late notice fee.
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#### NO CHEWING TOBACCO OR SMOKING (CIGARETTE, CIGAR, PIPE, MARIJUANA, VAPOR):

- Please do not smoke or chew tobacco on the date of the procedure, until after your procedure. Nicotine Patch OK.

**Call: +91 9650846789 if you have any questions.**